

## WATER RESISTANT

**E**

Your new watch is a water-resistant watch. Check the marking on the back of the watch, find below the relevant usage recommendation.

### \* Water Resistant 3ATM or 30M (100 Feet)

Shall withstand splashes of water while washing the hand. But should not be worn while swimming or diving.

### \* Water Resistant 5ATM or 50M (165 Feet)

Suitable for showering or swimming in shallow water.

### \* Water Resistant 10ATM or 100M (330 Feet)

Suitable for swimming, snorkeling, but should not be worn while scuba diving.

### \* Diver's 20ATM or 200M (660 Feet)

Meets the higher requirements of water resistant and suitable for scuba diving.

We don't recommend swimming or diving with your watch unless it has a screw down crown and is water resistant to at least 10ATM or 100 Meters)

## GENERAL CARE FOR A WATER RESISTANT WATCH

**F**

- \* DO NOT OPERATE ANY BUTTONS WHEN THE WATCH IS WET OR IN WATER.
- \* DO NOT WEAR THE WATCH IN A HOT SHOWER OR SAUNA. EXTREME HEAT CAN DAMAGE THE WATCH.
- \* AFTER USE IN SALT WATER OR CONTACT WITH SAND OR MUD, RINSE THE WATCH IN A STREAM OF FRESH WATER AND DRY IT WITH SOFT CLOTH.
- \* LEATHER STRAPS ARE MORE EASILY DAMAGED BY FREQUENT EXPOSURE TO WATER. AFTER EVERY USE IN WATER, WIPE THE STRAP WITH A SOFT CLOTH, TO IMPROVE THE LIFE OF THE STRAP.

### IMPORTANT

THIS WATCH IS EQUIPPED WITH AN AUTOMATIC MOVEMENT, WITH MANUAL WINDING FUNCTION.

THE MOVEMENT IS ENERGIZED BY

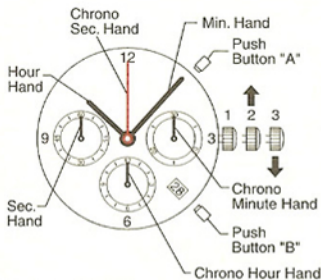
- i. Winding the crown (or)
- ii. By the movements of the arm wrist (or)
- iii. By the watch winder

# STÜHLING ORIGINAL



## INSTRUCTION MANUAL - M (AUTOMATIC CHRONOGRAPH MOVEMENT)

## WATCH DISPLAY

**A**

### CROWN POSITION 1

Home Position, watch runs (Winding Position)

### CROWN POSITION 2

#### Quick Date Setting

- Gently pull the Crown to this position
- If the watch is fit with a Screw-down Crown, unscrew the crown and then gently pull the Crown.
- Rotate the Crown forward to Set the Date.
- The watch runs in this position.

\* Do not set the quick date during 23:00 to 02:00 as it will damage the date mechanism of the movement.

## TIME SETTING

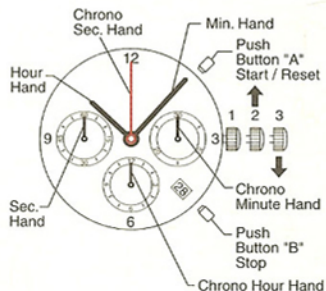
**B**

### CROWN POSITION 3

#### Time Setting Position

- Gently pull the Crown to this position
- Rotate the Crown downward to Set the time.
- The watch stops in this position.

## CHRONOGRAPH FUNCTION

**C**

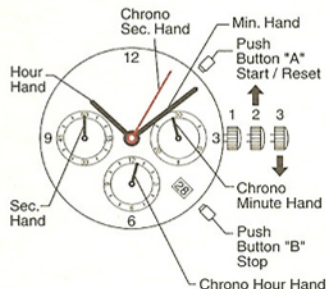
Maximum reading : 11Hr 59Min 59Sec

Accuracy : 1/1 Sec

## USING CHRONOGRAPH

**D**

- Press Button "A" to start the Chronograph reading
- Press Button "B" to stop the reading.
- The total time is read by the Chrono Hour, Chrono Minute and Chrono Second.
- Press the Button "A" to reset the Chronograph counters to the resting position.



Ex: 29 minutes 5 seconds