

## WATER RESISTANT

**E**

Your new watch is a water-resistant watch. Check the marking on the back of the watch, find below the relevant usage recommendation.

### • Water Resistant 3ATM OR 30M (100 Feet)

Suitable for stand splashes of water while washing the hand. But should not be worn while swimming or diving.

### • Water Resistant 5ATM or 50M (165 Feet)

Suitable for showering or swimming in shallow water.

### • Water Resistant 10ATM or 100M (330 Feet)

Suitable for swimming, snorkeling, but should not be worn while scuba diving.

### • Diver's 20ATM or 200M (660 Feet)

Meets the higher requirements of water resistant and suitable for scuba diving.

We don't recommend swimming or diving with your watch unless it has a screw down crown and is water resistant to at least 10ATM or 100 Meters)

## GENERAL CARE FOR A WATER RESISTANT WATCH

**F**

- DO NOT OPERATE ANY BUTTONS WHEN THE WATCH IS WET OR IN WATER.
- DO NOT WEAR THE WATCH IN A HOT SHOWER OR SAUNA. EXTREME HEAT CAN DAMAGE THE WATCH.
- AFTER USE IN SALT WATER OR CONTACT WITH SAND OR MUD, RINSE THE WATCH IN A STREAM OR FRESH WATER AND DRY IT WITH SOFT CLOTH.
- LEATHER STRAPS ARE MORE EASILY DAMAGED BY FREQUENT EXPOSURE TO WATER. AFTER EVERY USE IN WATER, WIPE THE STRAP WITH A SOFT CLOTH, TO IMPROVE THE LIFE OF THE STRAP.

### IMPORTANT

THIS WATCH IS EQUIPPED WITH AN AUTOMATIC MOVEMENT, WITH MANUAL WINDING FUNCTION.

THE MOVEMENT IS ENERGIZED BY

- i. Winding the crown (or)
- ii. By the movements of the arm wrist (or)
- iii. By the watch winder

# STÜHLING ORIGINAL

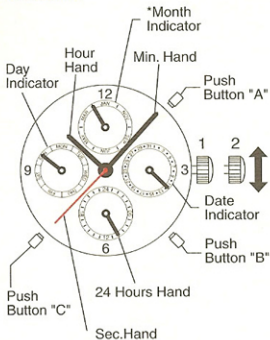


## INSTRUCTION MANUAL - K (AUTOMATIC MULTIFUNCTION MOVEMENT)

## WATCH DISPLAY

**A**

### VERSION A



\*The month can only be set by pressing the Button "A", at the beginning of each month  
(NO AUTOMATIC SETTING FOR THE MONTH)

## TIME SETTING

**B**

### CROWN POSITION 1

Home Position, watch runs

### CROWN POSITION 2

Time Setting Position

- Gently pull the Crown to this position
- If the watch is fitted with a Screw-down Crown, unscrew the crown and then gently pull the Crown.
- Rotate the Crown forward to Set the time.
- The watch stops in this position.

## DAY-DATE SETTING

**C**

### (CROWN POSITION 1)

QUICK DATE SETTING

- Gently press the Button "B" using the tool supplied to set the Date.
- For each press the date jumps one date.

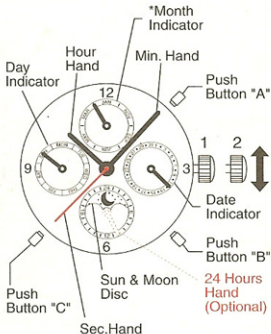
### QUICK DAY SETTING

- Gently press the Button "C" using the tool supplied to set the Day.
- For each press the day jumps one day.

## WATCH DISPLAY

**D**

### VERSION B



\*The month can only be set by pressing the Button "A", at the beginning of each month  
(NO AUTOMATIC SETTING FOR THE MONTH)