

WATER RESISTANT

D

Your new watch is a water-resistant watch. Check the marking on the back of the watch, find below the relevant usage recommendation.

* Water Resistant 3ATM OR 30M (100 Feet)

Shall with stand splashes of water while washing the hand. But should not be worn while swimming or diving.

* Water Resistant 5ATM or 50M (165 Feet)

Suitable for showering or swimming in shallow water.

* Water Resistant 10ATM or 100M (330 Feet)

Suitable for swimming, snorkeling, but should not be worn while scuba diving.

* Diver's 20ATM or 200M (660 Feet)

Meets the higher requirements of water resistant and suitable for scuba diving.

We don't recommend swimming or diving with your watch unless it has a screw down crown and is water resistant to at least 10ATM or 100 Meters)

GENERAL CARE FOR A WATER RESISTANT WATCH

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- * DO NOT OPERATE ANY BUTTONS WHEN THE WATCH IS WET OR IN WATER.
- * DO NOT WEAR THE WATCH IN A HOT SHOWER OR SAUNA. EXTREME HEAT CAN DAMAGE THE WATCH.
- * AFTER USE IN SALT WATER OR CONTACT WITH SAND OR MUD, RINSE THE WATCH IN A STREAM OR FRESH WATER AND DRY IT WITH SOFT CLOTH.
- * LEATHER STRAPS ARE MORE EASILY DAMAGED BY FREQUENT EXPOSURE TO WATER. AFTER EVERY USE IN WATER, WIPE THE STRAP WITH A SOFT CLOTH, TO IMPROVE THE LIFE OF THE STRAP.

IMPORTANT

THIS WATCH IS EQUIPPED WITH AN AUTOMATIC MOVEMENT, WITH MANUAL WINDING FUNCTION.

THE MOVEMENT IS ENERGIZED BY

- i. Winding the crown (or)
- ii. By the movements of the arm wrist (or)
- iii. By the watch winder

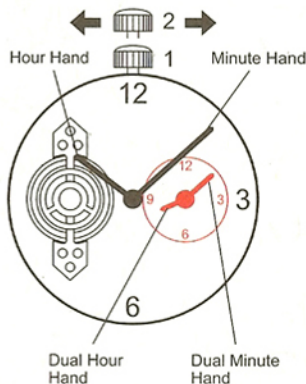
STÜHRLING ORIGINAL



INSTRUCTION MANUAL - J2

AUTOMATIC OPEN-HEART DUAL-TIME MOVEMENT

WATCH DISPLAY

A

This watch displays the Local Time & Home Time simultaneously.

DUAL TIME SETTING

B

CROWN POSITION 2

To set the second time zone, pull the Crown to position 1.

Rotote the crown forward until the Dual hour reaches 12H, where the hand stops rotating.

To obtain the time difference further forward the regular hour hand until, the desire time difference is reached.

Then rotate the crown backward to set the Local time.

TIMESSETTING

C

CROWN POSITION 1

Home Position or winding position

CROWN POSITION 2

Time Setting Position

Gently pull the Crown to this position

Rotate the Crown to Set the time.

Push the Crown back to position 1.