

## WATER RESISTANT

**D**

Your new watch is a water-resistant watch. Check the marking on the back of the watch, find below the relevant usage recommendation.

### \* Water Resistant 3ATM OR 30M (100 Feet)

Shall with stand splashes of water while washing the hand. But should not be worn while swimming or diving.

### \* Water Resistant 5ATM or 50M (165 Feet)

Suitable for showering or swimming in shallow water.

### \* Water Resistant 10ATM or 100M (330 Feet)

Suitable for swimming, snorkeling, but should not be worn while scuba diving.

### \* Diver's 20ATM or 200M (660 Feet)

Meets the higher requirements of water resistant and suitable for scuba diving.

We don't recommend swimming or diving with your watch unless it has a screw down crown and is water resistant to at least 10ATM or 100 Meters)

## GENERAL CARE FOR A WATER RESISTANT WATCH

**E**

- \* DO NOT OPERATE ANY BUTTONS WHEN THE WATCH IS WET OR IN WATER.
- \* DO NOT WEAR THE WATCH IN A HOT SHOWER OR SAUNA. EXTREME HEAT CAN DAMAGE THE WATCH.
- \* AFTER USE IN SALT WATER OR CONTACT WITH SAND OR MUD, RINSE THE WATCH IN A STREAM OR FRESH WATER AND DRY IT WITH SOFT CLOTH.
- \* LEATHER STRAPS ARE MORE EASILY DAMAGED BY FREQUENT EXPOSURE TO WATER. AFTER EVERY USE IN WATER, WIPE THE STRAP WITH A SOFT CLOTH, TO IMPROVE THE LIFE OF THE STRAP.

### IMPORTANT

THIS WATCH IS EQUIPPED WITH AN AUTOMATIC MOVEMENT, WITH MANUAL WINDING FUNCTION.

THE MOVEMENT IS ENERGIZED BY

- i. Winding the crown (or)
- ii. By the movements of the arm wrist (or)
- iii. By the watch winder

# STÜHLING ORIGINAL



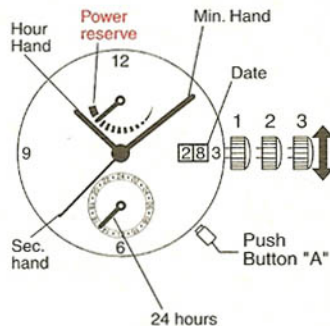
## INSTRUCTION MANUAL - I

AUTOMATIC MOVEMENT WITH  
POWER RESERVE/DUAL TIME FUNCTION

## WATCH DISPLAY

**A**

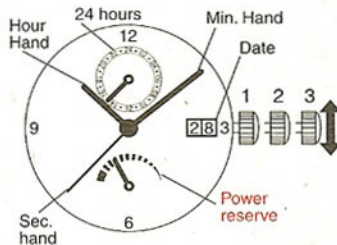
### VERSION A - Power reserve & dual time



## DATE SETTING

**B**

### VERSION B - Power reserve & 24 Hr. hand



#### CROWN POSITION 1

Home Position, watch runs

#### CROWN POSITION 2

Date Setting Position

- Gently pull the Crown to this position
- If the watch is fitted with a Screw-down Crown, unscrew the crown and then gently pull the Crown.
- Rotate the Crown to Set the date.

## TIME SETTING

**C**

### TIME SETTING

#### CROWN POSITION 3

Time / 24 hours Setting Position

- Gently pull the Crown to this position
- If the watch is fitted with a Screw-down Crown, unscrew the crown and then gently pull the Crown.
- Rotate the Crown to Set the time / 24 hours.
- The watch stops in this position.
- While setting the time, the 24 hour hand also moves corresponding to the hour hand.

#### DUAL TIME SETTING (VERSION "A" ONLY)

- Press button "A" for setting the 2nd time zone.
- The 24 hour hands moves 1 hour ahead for each press.

#### POWER RESERVE :-

- The energy left over in the movement to run the watch, in units of Hour