

WATER RESISTANT

D

Your new watch is a water-resistant watch. Check the marking on the back of the watch, find below the relevant usage recommendation.

- **Water Resistant 3ATM OR 30M (100 Feet)**
Shall with stand splashes of water while washing the hand. But should not be worn while swimming or diving.
- **Water Resistant 5ATM or 50M (165 Feet)**
Suitable for showering or swimming in shallow water.
- **Water Resistant 10ATM or 100M (330 Feet)**
Suitable for swimming, snorkeling, but should not be worn while scuba diving.
- **Diver's 20ATM or 200M (660 Feet)**
Meets the higher requirements of water resistant and suitable for scuba diving.
We don't recommend swimming or diving with your watch unless it has a screw down crown and is water resistant to at least 10ATM or 100 Meters)

GENERAL CARE FOR A WATER RESISTANT WATCH

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- DO NOT OPERATE ANY BUTTONS WHEN THE WATCH IS WET OR IN WATER.
- DO NOT WEAR THE WATCH IN A HOT SHOWER OR SAUNA. EXTREME HEAT CAN DAMAGE THE WATCH.
- AFTER USE IN SALT WATER OR CONTACT WITH SAND OR MUD, RINSE THE WATCH IN A STREAM OR FRESH WATER AND DRY IT WITH SOFT CLOTH.
- LEATHER STRAPS ARE MORE EASILY DAMAGED BY FREQUENT EXPOSURE TO WATER. AFTER EVERY USE IN WATER, WIPE THE STRAP WITH A SOFT CLOTH, TO IMPROVE THE LIFE OF THE STRAP.

IMPORTANT

THIS WATCH IS EQUIPPED WITH AN AUTOMATIC MOVEMENT, WITH MANUAL WINDING FUNCTION.

THE MOVEMENT IS ENERGIZED BY

- i. Winding the crown (or)
- ii. By the movements of the arm wrist (or)
- iii. By the watch winder

STÜHRLING ORIGINAL



INSTRUCTION MANUAL - E1

AUTOMATIC MULTI-FUNCTION MOVEMENT

WATCH DISPLAY

A

• DO NOT OPERATE ANY QUICK SETTING BUTTON DURING 21-60HRS - 4-90HRS AS IT WILL DAMAGE THE INTERNAL PARTS OF THE MOVEMENT

DATE/DAY/TIME SETTING

B

CROWN POSITION 1

Winding Position, watch runs

CROWN POSITION 2 - QUICK DATE

Gently pull the crown to this position
Rotate the Crown backward to set the desired date

QUICK DAY (Button A)

Press Button A to set the day. For each press the day advances by 1 day.

QUICK MONTH (Button B)

Press Button B to set the month. For each press the month advances by 1 month.

CROWN POSITION 3 - Time Setting

Gently pull the Crown to this position
Rotate the Crown backward to set the time, date and day by passing through mid-night