#### WATER RESISTANT GENERAL CARE FOR A WATER RESISTANT WATCH Your new watch is a water-resistant watch. Check the marking on the back of the watch, find below \* DO NOT OPERATE ANY BUTTONS WHEN THE the relevant usage recommendation. \* Water Resistant 3ATM or 30M (100 Feet) Shall withstand splashes of water while washing the hand. But should not be worn while swimming WATCH. or divina. \* Water Resistant 5ATM or 50M (165 Feet)



- WATCH IS WET OR IN WATER. \* DO NOT WEAR THE WATCH IN A HOT SHOWER

OR SAUNA. EXTREME HEAT CAN DAMAGE THE \* AFTER USE IN SALT WATER OR CONTACT WITH

SAND OR MUD. RINSE THE WATCH IN A STREAM OF FRESH WATER AND DRY IT WITH SOFT CLOTH

\* LEATHER STRAPS ARE MORE EASILY DAMAGED BY FREQUENT EXPOSURE TO WATER, AFTER EVERY USE IN WATER, WIPE THE STRAP WITH A SOFT CLOTH. TO IMPROVE THE LIFE OF THE STRAP.

### IMPORTANT

YOUR WATCH IS EQUIPPED WITH A QUARTZ MOVEMENT, WHICH IS POWERED BY A SILVER OXIDE BATTERY.

2 HANDS OR 3 HANDS WITH DATE OR

\* BATTERY LIFE: ABOUT 2 YRS.

# STÜHRLING ORIGINAL



INSTRUCTION MANUAL - A

### TIME SETTING A

Meters)

shallow water.

be worn while scuba diving.

and suitable for scuba diving.

\* Diver's 20ATM or 200M (660 Feet)



2 HANDS OR 3 HANDS DISPLAY

Suitable for showering or swimming in

\* Water Resistant 10ATM or 100M (330 Feet)

Suitable for swimming, snorkeling, but should not

Meets the higher requirements of water resistant

We don't recommend swimming or diving with your watch unless it has a screw down crown

and is water resistant to at least 10ATM or 100



CROWN POSITION 1 Home Position, watch runs

## **CROWN POSITION 2**

Time Setting Position

- gently pull the Crown to this position
- If the watch is fitted with a Screw-down Crown. unscrew the crown and then gently pull the Crown.
- Rotate the Crown anti-clockwise to Set the time. - The watch stops in this position.

### TIME SETTING B

DAY-DATE DISPLAY Ouick Quick Timina Day Settting

### **CROWN POSITION 1** Home Position, watch runs

### **CROWN POSITION 2** Quick Date / Day Change

- Gently pull the Crown to this position
- If the watch is fitted with a Screw-down Crown,
- unscrew the crown and then gently pull the Crown. - Rotate the Crown clockwise to Set the Date and
- Rotate the Crown anti-clockwise to Set the Day. - The watch runs in this position.

# TIME SETTING B (CONTINUE)

### **CROWN POSITION 3**

B

Time Setting Position

- Gently pull the Crown to this position
- Rotate the Crown anti-clockwise to Set the time. - The watch stops in this position.